

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

Pomeroy Living Sterling Skilled Rehabilitation Events

<p>9:30 Sunday School Craft H* 11:00 Catholic Communion MDR 1:30 Welcome Visits GT 2:30 Helping Hands GL 3:00 Super Bowl Trivia S 5:30 Super Bowl LIII CBS</p>	<p>9:30 Welcome Visits GT 10:00 Catholic Mass MDR 11:00 Exercise GLDR 11:30 News SC 1:30 Hand Massage GT 2:30 Bowling ^GLDR 3:30 Aviary Club H 6:30 Activity Lounge C</p>	<p>9:30 Chronicles GT 10:00 Hand Chimes S 11:00 Exercise GLDR 2:00 Activity Lounge Chinese New Year ^H 3:00 Rosary MDR 6:15 Evening with the Classics SC <small>Chinese New Year</small></p>	<p>9:30 Reminiscing GT 10:00 Read Aloud SC 11:00 Movin' & Groovin' GLDR 1:30 Recreation Visits C 2:00 Activity Lounge S^ 3:00 Puzzle Time MDR 7:00 Bingo GLDR</p>	<p>9:00 Welcome Visits GT 10:00 New Day H* 10:00 Hand Massage C 11:00 Exercise GLDR 1:30 Reminiscing Visits S 2:30 Manicures SC 4:00 Reflections H*</p>	<p>9:30 New Day GT 10:00 Aromatherapy H* 11:00 Exercise GLDR 1:30 Library Cart C 2:00 Black History Month SC 2:30 Activity Lounge H^ 7:00 Church MDR</p>	<p>9:30 Trivia GT 10:00 Volleyballoon SC* 10:30 Chaldean Rosary H 1:30 Nature's Wonders H* 2:30 Card Bingo GLDR 3:30 Groundhog Puzzles C <small>Groundhog Day</small></p>
<p>9:30 Sunday School Craft H* 11:00 Catholic Communion MDR 1:30 Welcome Visits GT 2:30 Pokeno MDR 3:30 Reflections S*</p>	<p>9:30 Welcome Visits GT 11:00 Exercise GLDR 11:30 News SC 1:30 Sensory Visits H 2:30 Resident Council MDR 3:30 Aviary Club H 6:30 Activity Lounge C</p>	<p>9:30 New Day H* 9:30 Chronicles GT 10:00 Hand Chimes S 11:00 Exercise GLDR 2:00 Activity Lounge H^ 3:00 Rosary MDR 6:15 Evening with the Classics SC</p>	<p>9:30 Reminiscing GT 10:30 Spelling MDR 11:00 Ladderball GLDR 1:30 Creative Sampler C 2:00 Relaxation S^ 2:30 Tech Time S 3:00 Puzzle Time MDR 7:00 Bingo GLDR</p>	<p>9:00 Welcome Visits GT 10:00 Valentines H* 11:00 Exercise GLDR 1:00 Valentine Ice Cream Social LSL 2:30 Crafts MDR 4:00 Piano Music Love Songs MDR <small>Valentine's Day</small></p>	<p>9:30 New Day GT 10:00 Reiki H* 11:00 Exercise GLDR 1:30 Library Cart C 2:30 Birthday Party with Robin Beck MDR 7:00 Covenant Christian Church MDR</p>	<p>9:30 Trivia GT 10:00 Volleyballoon SC* 10:30 Chaldean Social LSL 1:30 Nature's Wonders H* 2:30 Card Bingo GLDR 3:30 Word Puzzles C</p>
<p>9:30 Sunday School Craft H* 11:00 Catholic Communion MDR 1:30 Welcome Visits GT 2:00 Resident Choice Movie SC 3:30 Winter Fun C</p>	<p>9:30 Welcome Visits GT 10:00 Presidential Trivia S 11:00 Exercise GLDR 11:30 News S 1:30 Hand Massage GT 2:30 Bowling ^GLDR 3:30 Aviary Club H 6:30 Activity Lounge C <small>Presidents' Day (US)</small></p>	<p>9:30 New Day H* 9:30 Chronicles GT 10:00 Hand Chimes S 11:00 Exercise GLDR 2:00 Activity Lounge H^ 3:00 Rosary MDR 6:15 Evening with the Classics SC</p>	<p>9:30 Reminiscing GT 10:00 Read Aloud SC 11:00 Game GLDR 1:30 Recreation Visits C 2:00 Happy Hour MDR 3:00 Reflections SC 7:00 Bingo GLDR</p>	<p>9:00 Welcome Visits GT 10:00 New Day H* 11:00 Exercise GLDR 1:30 Reminiscing Visits S 3:00 Paper Crafts with Matilda GLDR 4:00 Reflections H*</p>	<p>9:30 New Day GT 10:00 Aromatherapy H* 11:00 Exercise GLDR 1:30 Recreation Cart GT 2:00 Hand Massage C 3:30 Sketching SC 7:00 Covenant Christian Church MDR</p>	<p>9:30 Welcome Visits C 10:30 Armchair Travel H 11:00 Table Talk GT 1:00 Ice Cream Social LSL 2:30 Card Bingo GLDR 3:30 Showtime GT</p>
<p>9:30 Sunday School Craft H* 11:00 Catholic Communion MDR 1:00 Ice Cream Social LSL 2:30 Pokeno MDR 3:30 Movies and Stars SC</p>	<p>9:30 Welcome Visits GT 11:00 Exercise GLDR 11:30 News S 1:30 Reminiscing C 2:30 Bowling ^GLDR 3:30 Aviary Club H 6:30 Activity Lounge C</p>	<p>9:30 New Day H* 9:30 Chronicles GT 10:00 Hand Chimes S 11:00 Exercise GLDR 1:30 Cards H 3:00 Rosary MDR 6:15 Evening with the Classics SC</p>	<p>9:30 Reminiscing GT 10:00 Volleyballoon H* 10:30 Spelling MDR 11:00 Ladderball GLDR 1:30 Recreation Cart C 2:00 Activity Lounge S^ 3:00 Art with Leawatha S 7:00 Bingo GLDR</p>	<p>9:00 Welcome Visits GT 10:00 New Day H* 11:00 Exercise GLDR 1:30 Reminiscing Visits S 2:30 Crafts MDR 4:00 Reflections H* 4:00 Piano Music MDR</p>	<p style="text-align: center;">Birthstone of the Month-</p> <p style="text-align: center;">Amethyst, a deep purple, dark violet, and pale lavender gemstone, comes from the Greek word, <i>amethystios</i>, meaning "without drunkenness." Ancient Greeks believed it protected people from drunkenness and helped to maintain a balanced mind.</p>	

*=Cognitively Impaired, ^=Falls Prevention, C=Charlevoix, SC=St. Clair, H=Houghton, GT=Grand Traverse, GLDR=Great Lakes Room, MDR=Mackinac Dining Room, LSL=Lumber Schooner Lounge