

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019

Pomeroy Living Sterling Skilled Rehabilitation Events

<p>9:30 Simple Craft H* 3 11:00 Catholic Communion MDR 1:30 Welcome Visits C 2:30 Helping Hands GL 3:00 Trivia S 7:00 Activity Lounge H^</p>	<p>9:30 Welcome Visits GT 4 10:00 Catholic Mass MDR 11:00 Exercise GLDR 1:30 Hand Massage GT 2:30 Bowling ^GLDR 3:30 Aviary HDR 6:30 Activity Lounge C</p>	<p>Paczki Day! 5 9:30 Chronicles GT 10:15 Hand Chimes S 11:00 Exercise GLDR 2:00 Activity Lounge H^ 3:00 Rosary MDR 6:15 Classics S</p>	<p>9:30 Reminiscing GT 6 10:00 Read Aloud SC Distribution of Ashes 11:00 Movin' & Groovin' GLDR 2:00 Activity Lounge S^ 7:00 Bingo GLDR</p>	<p>9:00 Welcome Visits GT 7 10:00 New Day H* 11:00 Exercise GLDR 1:30 Reminiscing Visits S 2:30 Manicures SC 4:00 Reflections H*</p>	<p>9:30 New Day GT 8 10:00 Aromatherapy H* 11:00 Exercise GLDR 1:30 Library Cart C 2:00 Classic Comedy H 3:30 Sketching SC 7:00 Church MDR</p>	<p>9:30 Trivia GT 2 10:00 Volleyballoon SC* 10:30 Chaldean Rosary H 1:30 Nature's Wonders H* 2:30 Card Bingo GLDR 3:30 Showtime GT 7:00 Activity Lounge S^</p>
<p>9:30 Sunday School 10 Craft H* 11:00 Communion MDR 1:30 Welcome Visits GT 2:30 Pokeno MDR 3:30 Reflections S* <small>Daylight Saving Time Begins</small></p>	<p>9:30 Welcome Visits GT 11 11:00 Exercise GLDR 11:30 Lawrence Welk Day 1:30 Sensory Visits H* 2:30 Resident Council MDR 3:30 Aviary HDR</p>	<p>9:30 Chronicles C/GT 12 10:00 New Day H 11:00 Exercise GLDR 2:00 Activity Lounge H^ 3:00 Rosary MDR 6:15 Evening with the Classics S</p>	<p>9:30 Reminiscing GT 13 10:30 Spelling MDR 10:45 Ladderball GLDR 1:30 Creative Sampler C 2:00 Cards SC 3:00 Puzzle Time MDR 7:00 Bingo GLDR</p>	<p>9:00 Welcome Visits GT 14 10:00 New Day H* 11:00 Exercise GLDR 1:00 Ice Cream Social LSL 1:30 Sensory Visits H,SC* 2:30 Crafts MDR 4:00 Piano Music MDR*</p>	<p>9:30 New Day GT 15 10:00 Hand Massage H 11:00 Exercise GLDR 1:30 Library Cart C 2:30 Birthday Party with Robin Beck MDR 7:00 Church MDR</p>	<p>9:30 Trivia GT 16 10:00 Volleyballoon SC* 10:30 Chaldean Rosary H 1:30 Nature's Wonders H* 2:30 Card Bingo GLDR 3:30 Word Puzzles C 7:00 Activity Lounge S^</p>
<p>9:30 St. Pat's Craft H* 17 11:00 Catholic Communion MDR 1:30 Welcome Visits C 2:30 Helping Hands GL 3:00 St. Pat's Day Fun S 7:00 Activity Lounge H^ <small>St. Patrick's Day</small></p>	<p>9:30 Welcome Visits GT 18 11:00 Exercise GLDR 11:30 News SC 1:30 Sensory Visits H* 2:30 Bowling ^GLDR 3:30 Aviary H 6:30 Activity Lounge C</p>	<p>9:30 Reminiscing GT 19 10:15 Hand Chimes S 11:00 Exercise GLDR 2:00 Activity Lounge H^ 3:00 Rosary MDR 6:15 Evening with the Classics S</p>	<p>9:30 Reminiscing GT 20 11:00 Yahtzee GLDR 1:30 Spring Puzzles C 2:00 Happy Hour MDR 3:00 Spring Reflections H* 7:00 Bingo GLDR <small>Spring Begins</small></p>	<p>March Madness Begins 21 10:00 Reiki S 10:00 New Day H* 11:00 Exercise GLDR 1:30 Reminiscing Visits S 3:00 Paper Crafts GLDR 4:00 Piano Music MDR</p>	<p>9:30 New Day GT 22 10:00 Aromatherapy H* 11:00 Exercise GLDR 1:30 Library Cart C 2:00 Classic Comedy H 3:30 Sketching SC 7:00 Church MDR</p>	<p>9:30 Welcome Visits C 23 10:00 Coffee Hour LSL 1:30 Nature's Wonders H* 2:30 Card Bingo GLDR 3:30 Showtime GT 7:00 Activity Lounge S^</p>
<p>9:30 Sunday School 24 Craft H* 11:00 Communion MDR 1:30 Welcome Visits GT 2:30 Pokeno MDR 3:30 Reflections S*</p>	<p>9:30 Welcome Visits GT 25 10:00 New Day SC* 11:00 Exercise GLDR 1:30 Reminiscing C 2:30 Bowling ^GLDR 3:30 Aviary H 6:30 Activity Lounge C</p>	<p>9:30 Chronicles GT 26 10:15 Hand Chimes S 11:00 Exercise GLDR 1:30 Cards H^ 3:00 Rosary MDR 6:15 Evening with the Classics S</p>	<p>9:30 Reminiscing GT 27 10:00 Volleyballoon H* 10:30 Spelling MDR 11:00 Game GLDR 2:00 Sweet Treat MDR 3:00 Art with Leawatha S 7:00 Bingo GLDR</p>	<p>Opening Day MLB 28 9:00 Welcome Visits GT 10:00 New Day H* 11:00 Exercise GLDR 2:30 Crafts MDR 3:30 Tiger Baseball CDR 4:00 Piano Music MDR*</p>	<p>9:30 New Day GT 29 10:00 Aromatherapy H* 11:00 Exercise GLDR 1:30 Library Cart C 2:30 Activity Lounge H^ 3:30 Classic Comedy S 7:00 Church MDR</p>	<p>9:30 Trivia GT 30 10:00 Volleyballoon SC* 10:30 Chaldean Rosary H 1:30 Nature's Wonders H* 2:30 Card Bingo GLDR 3:30 Showtime GT 7:00 Activity Lounge S^</p>
<p>9:30 School Craft H* 31 11:00 Catholic Communion MDR 1:30 Manicures RR 2:00 Resident Choice Movie SC 7:00 Activity Lounge H^</p>	<p>"The March wind roars like a lion in the sky and makes us shiver as he passes by. When winds are soft and the days are warm and clear just like a gentle lamb, then spring is here." Anonymous</p>					

*=Cognitively Impaired, ^=Falls Prevention, C=Charlevoix, SC=St. Clair, H=Houghton, GT=Grand Traverse, GLDR=Great Lakes Room, MDR=Mackinac Dining Room, LSL=Lumber Schooner Lounge, RR=Recreation Room