



SEPTEMBER 2019
Pomeroy Living Sterling Assisted



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00am Room Visits 11:00am Coffee & Conversation (AR) 2:00pm Afternoon Movie (C)	2 10:15am Catholic Communion (PR) 10:30am Chair Exercise/ Kim (AR) 11:00am Crossword Puzzle (AR) 2:00pm Labor Day History & Trivia (AR) 3:00pm Hand Massages (AR)	3 10:30am Chair Exercise (AR) 11:00am Bucket Ball (AR) 2:00pm Coffee and Careers (DR) 3:00pm BINGO! (DR)	4 10:30am Rosary Service (PR) 11:00am Therapy Dog Frodo (AR) 11:30am Chair Exercise (AR) 2:00pm Painting with a Twist—Fall leaf canvas (AR) 3:00pm Snack & Chat (AR)	5 10:30am Chair Exercise (AR) 11:00am Hot Seat (AR) 2:00pm Upper AL Bingo! (UAR) 3:00pm Pamper Hour (AR)	6 10:30am Chair Exercise (AR) 11:00am Shut the Box (AR) 2:00pm Cooking Group (DR) 3:00pm How It's Made—Toothpicks (C)	7 10:30am Chair Exercise (AR) 11:00am Word Within a Word (AR) 2:00pm BINGO! (DR) 3:00pm Happy Hour! (DR)
8 Happy Grandparents Day!! 11:00am Coffee & Conversation (AR) 2:00pm Balloon Volleyball (LR) 3:30 Grandparents Day Party! Entertainment w/Sheryl Sukenic (DR)	9 10:15am Catholic Communion (PR) 10:30am Chair Exercise w/ Kim (LR) 11:00am Sing-a-Long with Lynn Jordan (LR) 2:00pm Pamper Hour (AR) 3:00pm Hand Massages (AR)	10 10:30am Chair Exercise (AR) 11:00am Crossword Puzzle (AR) 2:00pm Men's Club 100 years of Automobiles (C) 3:00pm BINGO! (DR)	11 10:30am Rosary Service (PR) 11:00am Therapy Dog Frodo (AR) 11:30am Chair Exercise (AR) 2:00pm Upper AL Bingo (UAR) 3:00pm Baking for Hero's (UAR)	12 10:30am Chair Exercise (AR) 11:30am Catholic Mass (PR) 12:00pm OUTING— Leader dogs for the blind Tour	13 10:30am Chair Exercise (AR) 11:00am Flippo Card Game (AR) 2:00pm Jewelry Making (AR) 3:00pm Choir Practice (AR)	14 10:30am Chair Exercise (AR) 11:00am Word Within a Word (AR) 2:00pm BINGO! (DR) 3:20pm Arts & Crafts—Apples
15 10:00am Room Visits 11:00am Coffee & Conversation (AR) 2:00pm Picture Trivia (DR) 3:00pm Sing-a-long With Terry Matthews (DR)	16 10:15am Catholic Communion (PR) 10:30am Chair Exercise (AR) 11:00am Crossword Puzzle (AR) 2:00pm Pamper Hour (AR) 3:00pm Hand Massages (AR)	17 10:00am Massages w/ Marlene (B) 11:00am Moovin' & Groovin' with Kathleen Tedesco! (LR) 2:00pm Cookies just because! (DR) 3:00pm BINGO! (DR) 4:00pm Puzzles (AR)	18 10:30am Rosary Service (PR) 11:00am Therapy Dog Frodo (AR) 11:30pm Chair Exercise (AR) 12:00pm IN HOUSE LUNCH CLUB (AR) 2:30pm Remember when Slideshow (C) 3:30pm September Jeopardy (C)	19 10:45am Chair Exercise (AR) 11:15pm Entertainment by Bobby G (LR) 2:00pm Upper AL Bingo! (UAR) 3:00pm Happy Hour! (UAR)	20 10:30am Chair Exercise (AR) 11:00am Bowling (AR) 2:00pm Pomeroy's Got Talent!! (LR)	21 10:30 Chair Exercise (AR) 11:00am Morning Billiards (AR) 2:00pm BINGO! (AR) 3:20pm Afternoon Movie (C)
22 11:00am Coffee & Conversation (AR) 2:00PM Entertainment featuring Gail Engling (LR) 3:30 Room Visits	23 10:15am Catholic Communion (PR) 10:30am Chair Exercise (AR) 11:00am Crossword Puzzle (AR) 2:00pm Pamper Hour (AR) 3:00pm Hand Massages (AR)	24 10:30am Chair Exercise (LR) 11:00 am Resident Council Meeting (Doughnuts & Coffee) (AR) 2:30pm Bingo Store (DR) 3:00pm BINGO! (DR)	25 10:30am Rosary Service (PR) 11:00am Therapy Dog Frodo (AR) 11:30 Chair Exercise (AR) 2:00pm Cooking Group— Surprise Croissants (DR) 3:00pm Choir Practice (DR)	26 10:30am Chair Exercise (AR) 11:00am Word Within a Word (AR) 2:00pm Birthday Party with Jeff C (DR) 3:30pm Upper AL Bingo! (UAR)	27 10:30am Chair Exercise (AR) 11:00am Outing—Lunch at The Rainforest Café 3:00pm Wii Wheel of Fortune (B)	28 10:30am Chair Exercise (AR) 11:00am Word Within a Word (AR) 2:00pm BINGO! (DR) 3:00pm Never Have I Ever! (UAR)
29 10:00am Room Visits 11:00am Coffee & Conversation (AR) 2:00pm Afternoon Movie (C)	30 10:15am Catholic Communion (PR) 10:30am Chair Exercise (AR) 11:00am Crossword Puzzle (AR) 2:00pm Pamper Hour (AR) 3:00pm Hand Massages (AR)	Key: Activity Room (AR) Upper Activity Room (UAR) Dining Room (DR) Living Room (LR) Cinema (C) Gazebo (G) Porch (P) Bistro (B)				