



SEPTEMBER 2019
Pomeroy Living Sterling Memory Care



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30am Morning Motivation 11:00am Parachute Palooza 2:00pm Afternoon Movie	2 10:15am Catholic Communion 10:30am Chair Exercise 11:00am Ring Toss 2:00pm Picture Trivia 3:30pm Hand Massages	3 10:15am Morning Stretch 10:30am Balloon Toss 11:00am Bowling 2:00pm Banana Grams 3:00pm Arts & Crafts—Fall leaf Paintings 4:00pm Sing-a-long	4 10:30am Rosary 11:00am Chair Exercise 11:15am Therapy Dog Frodo 2:00pm Cooking Group (Pumpkin Bread) 3:00pm Snack/ Trivia	5 10:30am Balloon Volleyball 11:00am Bean Bag Toss 11:30am Ping Pong Basketball 2:00am Flower Arranging 3:00am Happy Hour	6 10:30am Floor Hockey 11:00am OUTING—LUNCH AT RED LOBSTER 2:30am Parachute Palooza 3:30am Table Top Games	7 10:30am Morning Stretch 11:00am Balloon Volleyball 2:00pm Arts & Crafts— Pine Corn Bird Feeders 3:00pm Threading
8 Happy Grandparents Day! 10:30am Room Visits 11:00am Table Top Games 2:00pm Color Therapy 3:30pm Grandparents Day with Entertainment by Sheryl Sukenic	9 10:15am Catholic Communion 10:30am Chair Exercise w/ Kim 11:00am Sing-a-Long with Lynn Jordan 2:00pm Pamper Hour (AR) 3:00pm Hand Massages (AR)	10 10:00am Morning Matinee Movie *The Little Rascals* 2:15pm Afternoon Stretch 3:00pm Carmel Apple Social 4:00pm Balloon Volleyball	11 10:30am Rosary 11:00am Chair Exercise 11:15am Therapy Dog Frodo 2:00pm Cooking Group (Harvest Snack Mix) 3:00pm Snack and Chat	12 10:30am Balloon Volleyball 11:00am Catholic Mass 2:00pm Sorting Activities 3:00pm Happy Hour!	13 10:15am Morning Stretch 10:30am Finish the Lyric 11:00am Kick Ball 2:00pm Life Skills—Laundry Day 3:00pm Tic Tac Toe	14 10:30am Morning Stretch 11:00am Balloon Volleyball 2:00pm Song & Dance 3:00pm Arts & Crafts—Apples!
15 10:30am Morning Motivation 11:00am Coffee & Conversation 2:00pm Balloon Toss 3:00pm Sing-a-long With Terry Matthews (DR)	16 10:15am Catholic Communion 10:30am Chair Exercise 11:00am Bean Bag Toss 2:00pm Pamper Hour 3:00pm Hand Massages	17 10:00am Massages W/Marlene 10:30am Chat Pack Trivia 11:00am Moovin' & Groovin' with Kathleen Tedesco! 2:00pm Flower Arranging 3:00pm Popcorn Social 4:00pm Musical Memories	18 10:30am Rosary 11:00am Exercise 11:15am Therapy Dog Frodo 12:00pm IN HOUSE LUNCH CLUB 2:00pm Remember when slide show 3:00pm Cooking Group - Brownies	19 10:30am Floor Hockey 11:00am Sing-a-long with Bobby G 2:00pm OUTING— Out for Chocolate! 3:00pm Musical Memories	20 10:00am Morning Stretch 10:30am Knock em' Down 11:00am Fishing for Magnets 2:00pm Pomeroy's got Talent!	21 10:30am Morning Stretch 11:00am Balloon Volleyball 3:00pm Afternoon Movie
22 10:30am Morning Motivation 11:00am Fishing Fun 2:00pm Entertainment with Gail Engling	23 10:15am Catholic Communion 10:30am Chair Exercise 11:00am Bowling 2:00pm Pamper Hour 3:00pm Hand Massages	24 10:15am Morning Stretch 10:30am Color Therapy 11:00am Table Soccer 2:00pm Peanut Butter Sandwiches 3:00pm Table Top Games	25 10:30am Rosary Service 11:00am Therapy Dog Frodo 11:30am Chair Exercise 2:00pm Pom Pom Sorting 3:00pm Happy Hour	26 10:15am Morning Stretch 10:30am Scarf Dancing 11:00am Picture Trivia 2:00pm Birthday Party With Jeff C 3:00pm Hand Massages	27 10:15am Morning Stretch 10:30am Balloon Toss 11:00am Lucky Duck Races 2:00pm Flower Arranging 3:00pm Shoe Box Shapes	28 10:30am Morning Stretch 11:00am Balloon Volleyball 2:00pm Velcro Ball 3:00pm Fish Decorating
29 10:30am Morning Motivation 11:00am Kick Ball 2:00pm Afternoon Movie	30 10:15am Catholic Communion 10:30am Chair Exercise 11:00am Reel it in! 2:00pm Pamper Hour 3:00pm Hand Massages					