


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 New Day Craft H* 1 10:00 Garden Stroll CY 11:00 Catholic Communion MDR 1:30 Welcome Visits GT/C 2:00 Manicures S 3:00 Trivia S 7:00 Activity Lounge H*	9:00 Welcome Visits GT 2 9:30 Labor Day Reminiscing S* 11:00 Parachute Fun GL 1:00 Popcorn Palooza RR 3:00 Patio Pastimes CY 4:00 Reflections H* <small>Labor Day</small>	9:00 Reminiscing GT 3 9:30 New Day H* 10:15 Hand Chimes S 11:00 Exercise GL 2:30 Activity Lounge H* 3:00 Rosary MDR 3:30 Aviary Club H* 6:15 Classics S	4 9:30 New Day H* 10:00 Garden Stroll CY 10:30 Price is Right MDR 1:30 Recreation Visits C 2:30 Happy Hour MDR 3:30 Reflections S* 7:00 Bingo GL	9:00 Welcome Visits GT 5 9:30 New Day H* 11:00 Exercise GL 1:00 Ice Cream Social L 1:30 Recreation Cart C 2:30 Paper Crafts MDR 4:00 Piano Music MDR 7:00 Activity Lounge C*	9:30 New Day C* 6 10:00 Aromatherapy H* 11:00 Exercise GL 1:30 Library Cart GT 2:30 Activity Lounge S* 3:30 Patio Pastimes CY 7:00 Covenant Christian Church MDR	7 9:30 Welcome Visits C 10:30 New Day H* 11:00 Armchair Travel S 1:30 Nature's Wonders H* 2:30 Card Bingo GL 3:30 Showtime GT
9:30 Friendly Visits GT 8 10:00 Grandparents Day Readings S 11:00 Communion MDR 1:30 Reminiscing C 2:30 Pokeno MDR 3:30 Puzzles H* <small>Grandparents' Day</small>	9:00 Welcome Visits GT 9 9:30 New Day H* 10:00 Catholic Mass MDR 11:00 Exercise GL 2:30 Resident Council MDR 3:30 Aviary Club H* 7:00 Activity Lounge C*	9:00 Chronicles GT 10 9:30 New Day H* 11:00 Exercise GL 1:00 Ice Cream Social <i>Sponsored by Sunrise of Shelby Township</i> 3:00 Rosary MDR 6:15 Classics S	11 9:30 New Day H* 10:00 Garden Stroll CY 10:30 Spelling MDR 1:30 Recreation Visits C 2:30 Happy Hour MDR 3:30 Reflections S* 7:00 Bingo GL	9:00 Welcome Visits GT 12 9:30 New Day H* 11:00 Exercise GL 1:00 Ice Cream Social L 1:30 Recreation Cart C 2:30 Crafts MDR 4:00 Reflections H* 7:00 Activity Lounge C*	9:30 New Day C* 13 10:00 Aromatherapy H* 11:00 Exercise GL 1:30 Recreation Visits GT 2:30 Activity Lounge S* 3:30 Patio Pastimes CY 7:00 Covenant Christian Church MDR	14 9:30 Trivia GT 9:30 Volleyballoon S* 10:30 Chaldean Rosary GL 1:00 Recreation Visits C 1:30 Nature's Wonders H* 2:30 Card Bingo GL 3:30 Showtime GT 7:00 Activity Lounge S*
9:30 New Day Craft H* 15 10:00 Garden Stroll CY 11:00 Catholic Communion MDR 1:30 Welcome Visits GT/C 2:00 Resident Choice Movie S 7:00 Activity Lounge H*	16 9:00 Welcome Visits GT 9:30 New Day H* 11:00 Exercise GL 2:30 Armchair Travel S 4:00 Remember When H* 7:00 Activity Lounge C*	9:00 Chronicles GT 17 9:30 New Day H* 10:15 Hand Chimes S 11:00 Exercise GL 2:30 Activity Lounge H* 3:00 Rosary MDR 3:30 Aviary Club H* 6:15 Classics S	9:30 New Day H* 18 9:30 Reminiscing GT 11:00 Movin' & Groovin' MDR 1:30 Recreation Visits C 2:30 Happy Hour MDR 3:30 Reflections S* 7:00 Bingo GL	9:00 Welcome Visits GT 19 9:30 New Day H* 11:00 Exercise GL 1:00 Ice Cream Social L 1:30 Recreation Cart C 3:00 Art with Leawatha S400 7:00 Activity Lounge C	9:30 New Day C* 20 10:00 Aromatherapy H* 11:00 Exercise GL 1:30 Library Cart GT 2:30 Birthday Party with Robin Beck MDR 3:30 Patio Pastimes CY 7:00 Church MDR	21 9:30 Welcome Visits C 10:30 New Day H* 11:00 Armchair Travel Germany S 1:30 Nature's Wonders H* 2:30 Card Bingo GL 3:30 Showtime GT <small>Oktoberfest Begins</small>
9:30 Friendly Visits GT 22 9:30 New Day Craft H* 10:00 Read Aloud S 11:00 Catholic Communion MDR 1:30 Reminiscing C 2:30 Pokeno MDR 3:30 Puzzles H*	9:00 Welcome Visits GT 23 9:30 New Day H* 11:00 Exercise GL 2:30 Bowling GL 3:30 Aviary Club H* 4:00 Awesome Autumn S 7:00 Activity Lounge C* <small>Autumn Begins</small>	9:00 Chronicles GT 24 9:30 New Day H* 10:15 Hand Chimes S 11:00 Exercise GL 1:00 Ice Cream Social <i>American House Sterling Woods</i> 3:00 Rosary MDR 6:15 Classics S	9:30 New Day H* 25 9:30 Reminiscing GT 10:30 Spelling MDR 1:30 Recreation Visits C 2:00 Relaxation S* 2:30 Happy Hour MDR 3:30 Reflections H* 7:00 Bingo GL	9:00 Welcome Visits GT 26 9:30 New Day H* 11:00 Exercise GL 1:00 Ice Cream Social B 1:30 Recreation Cart C 2:30 Crafts MDR 4:00 Piano Music MDR 7:00 Activity Lounge C*	9:30 New Day C* 27 10:00 Aromatherapy H* 11:00 Exercise GL 1:30 Library Cart GT 2:30 Chaldean Social H 3:30 Patio Pastimes CY 7:00 Covenant Christian Church MDR	28 9:30 Trivia GT 9:30 Volleyballoon S* 10:30 Chaldean Rosary GL 1:30 Nature's Wonders H* 2:30 Card Bingo GL 3:30 Showtime GT 7:00 Sandra's Sports Club LSL
29 9:30 New Day Craft H* 10:00 Garden Stroll CY 11:00 Catholic Communion MDR 1:30 Welcome Visits GT/C 2:30 Painting C 7:00 Activity Lounge H*	9:00 Welcome Visits GT 30 9:30 Rosh Hashanah Visits 10:00 Reiki H 11:00 Exercise GL 2:30 Bowling GL 3:30 Aviary Club H* 4:00 Remember When H* 7:00 Activity Lounge C* <small>Rosh Hashanah (first Day)</small>					

September 2019

Pomeroy Living Sterling Skilled Rehabilitation Events

*Cognitively Impaired, C=Charlevoix, S=St. Clair, H=Houghton, GT=Grand Traverse, MDR=Mackinaw Dining Room, L=Lumber Schooner Lounge, CY=Courtyard, B=Bistro