


JULY 2020

Pomeroy Living Sterling Assisted Living



Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE			1 Canada Day 10:30am Chair Exercise 11:00am Canada Day Trivia 2:00pm Wheelchair Decorating 3:30pm Veterans Tribute on Zoom 4:00pm Room Visits	2 World UFO Day 10:30am Chair Exercise 11:00am Wheel Chair Parade 2:00pm Arts & Crafts- Ceramics Part 1 3:00pm Alien Talk 4:00pm Room Visits	3 10:30am Chair Exercise 11:00am Bean Bag Toss 2:00pm Arts & Crafts- Ceramics Part 2 3:00pm Comedy Hour 3:30pm Veterans Zoom Tribute	4 Happy 4th of July!  10:30am Pledge of Allegiance & Chair Exercise 11:00am Patriotic Sing-a-long 2:00pm Courtyard Spritzers 3:00pm BINGO! 4:00pm Room Visits
5 Happy Birthday John B! 10:00am Room Visits 11:00am Coffee & Conversation 2:00pm Birthday Cake 3:00pm Praying the Rosary 4:00pm Room Visits	6 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Putt Putt Golf 3:00pm Target Practice 4:00pm Room Visits	7 10:30am Chair Exercise 11:00am Nip it in the bud: bad habits 2:00pm Coffee & Careers 3:00pm BINGO! 4:00pm Room Visits	8 10:30am Chair Exercise 11:00am Bowling 2:00pm Jeopardy round 1 3:00pm Bean Bag Twister 4:00pm Room Visits	9 10:30am Chair Exercise 11:00am Word Within a Word 2:00pm Bocce Ball 3:00pm Pokeno 4:00pm Room Visits	10 10:30am Chair Exercise 11:00am Who sang it? 2:00pm All American Fruit Kabobs 3:00pm Musical memories 4:00pm Room Visits	11 10:30am Chair Exercise 11:00am Kick ball 2:00pm Finish the Lyric 3:00pm BINGO! 4:00pm Room Visits
12 10:00am Room Visits 11:00am Coffee & Conversation 2:00pm Soccer 3:00pm Praying the Rosary 4:00pm Room Visits	13 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Weather Check 3:00pm Travel through Detroit 4:00pm Room Visits	14 10:30am Chair Exercise 11:00am Shuffle Board 2:00pm Snow cones with Ferrah! 3:00pm BINGO! 4:00pm Room Visits	15 10:30am Chair Exercise 11:00am Word Within a Word 2:00pm Afternoon showing 4:00pm Room Visits	16 10:45am Chair Exercise 11:15am Are you smarter than a 5th grader? 2:00pm Arts & Crafts- Summer door hangers 3:30pm	17 10:30am Chair Exercise 11:00am Name 12 2:00pm Nature Club : Butterflies 3:00pm Lawn Games 4:00pm Room Visits	18 Happy Birthday Joyce! 10:30am Chair Exercise 11:00am Balloon Baseball 2:00pm Birthday Cake 3:00pm BINGO! 4:00pm Room Visits
19 10:00am Room Visits 11:00am Coffee & Conversation 2:00pm Bible study with Bella 3:00pm Praying the Rosary 4:00pm Room Visits	20 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Popcorn with Erwin 3:00pm Guinness book of World Records 4:00pm Room Visits	21 10:30am Chair Exercise 11:00am Balloon Baseball 2:00pm Reminisce 3:00pm BINGO! 4:00pm Room Visits	22 10:30am Chair Exercise 11:00am Tic- Tac-Toss 2:00pm Lemonade in the courtyard 3:00pm Finish the phrase 4:00pm Room Visits	23 10:30am Chair Exercise 11:00am Bowling 2:00pm Hilarious things said in court 3:00pm Jeopardy round 2 4:00pm Room Visits	24 10:30am Chair Exercise 11:00am Fact of Myth 2:00pm Arts & Crafts- Tye Dye 3:00pm Orange Sherbert 4:00pm Room Visits	25 10:30am Chair Exercise 11:00am Hang Man 2:00pm Bowling 3:00pm BINGO! 4:00pm Room Visits
26 10:00am Room Visits 11:00am Coffee & Conversation 2:00pm Name that tune! 3:00pm Praying the Rosary 4:00pm Room Visits	27 Happy Birthday Mary P! 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Birthday Cake 3:00pm Lets talk 2020 4:00pm Room Visits	28 10:30am Chair Exercise 11:00am Headbands 2:00pm Cookies just because 3:00pm BINGO! 4:00pm Room Visits	29 10:30am Chair Exercise 11:00am Bean Bag Toss 2:00pm Po-ke-no 3:00pm Bubbles in the gazebo 4:00pm Room Visits	30 10:30am Chair Exercise 11:00am Ring Toss 2:00pm Swirl Art 3:00pm Ice cold Lemonade! 4:00pm Room Visits	31 10:30am Chair Exercise 11:00am Bucket Ball 2:00pm Pictionary 3:00pm Riddle me this 4:00pm Room Visits	