

October 2020

Pomeroy Living Sterling Assisted Living



Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE				1 10:30am Chair Exercise 11:00am Target practice 2:00pm Popcorn 3:00pm Picture Trivia 4:00pm Room Visits	2 10:30am Chair Exercise 11:00am Bean Bag Toss 2:00pm Jeopardy round 1 3:00pm Happy Hour! 4:00pm Room Visits	3 10:30am Chair Exercise 11:00am Kick Ball 2:00pm BINGO! 3:00pm Movie Matinee 4:00pm Room Visits
4 10:30am Sunday Chronicle 11:00am Coffee & Conversation 2:00pm Name that Tune 3:00pm Pray The Rosary 4:00pm Room Visits	5 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Monday Manicures 3:00pm Aroma Therapy 4:00pm Room Visits	6 10:30am Chair Exercise 11:00am Balloon Baseball 2:00pm BINGO! 3:00pm Wheel of Fortune 4:00pm Room Visits	7 10:30am Chair Exercise 11:00am This Day In History 2:00pm Bible Study 3:00pm Apple Tasting 4:00pm Room Visits	8 Happy Birthday Robert! 10:30am Chair Exercise 11:00am Fact or Crap 2:00pm Word Within a Word 3:00pm Cake for Robert 4:00pm Room Visits	9 10:30am Chair Exercise 11:00am Soccer 2:00pm Arts & Crafts- Halloween cats 3:00pm Happy Hour! 4:00pm Room Visits	10 Happy Birthday Judy! 10:30am Chair Exercise 11:00am Bocce Ball 2:00pm BINGO! 3:00pm Cake for Judy 4:00pm Room Visits
11 Happy Birthday Charlie! 10:30am Sunday Chronicle 11:00am Coffee & Conversation 2:00pm Pray The Rosary 3:00pm Sunday Matinee 4:00pm Room Visits	12 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Monday Manicures 3:00pm Aroma Therapy 4:00pm Room Visits	13 10:30am Chair Exercise 11:00am Ghost Bowling 2:00pm BINGO! 3:00pm Ping Pong Tournament 4:00pm Room Visits	14 10:30am Chair Exercise 11:00am Yahtzee 2:00pm Bible Study 3:00pm Virtual Therapy Dog Visit 4:00pm Room Visits	15 10:30am Chair Exercise 11:00am Finish the phrase 2:00pm Cider & Donuts 3:00pm Shuffle Board 4:00pm Room Visits	16 10:30am Chair Exercise 11:00am Scattegories 2:00pm Pumpkin Painting 3:00pm Happy Hour! 4:00pm Room Visits	17 Happy Sweetest Day! 10:30am Chair Exercise 11:00am Balloon Baseball 2:00pm BINGO! 3:00pm Sweet treat cupcake decorating 4:00pm Room Visits
18 10:30am Sunday Chronicle 11:00am Coffee & Conversation 2:00pm Pray The Rosary 3:00pm Sunday Matinee 4:00pm Room Visits	19 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Monday Manicures 3:00pm Aroma Therapy 4:00pm Room Visits	20 Happy Birthday Ken! 10:30am Chair Exercise 11:00am Witches Hat Ring Toss 2:00pm BINGO! 3:00pm Cake for Ken 4:00pm Room Visits	21 10:30am Chair Exercise 11:00am Comedy Hour 2:00pm Joe's Woodland Adventure 3:00pm Hot Chocolate Bar 4:00pm Room Visits	22 10:30am Chair Exercise 11:00am Mini Golf 2:00pm Arts & Crafts- Yarn Pumpkins 3:00pm Musical Memories 4:00pm Room Visits	23 Happy Birthday Liz! 10:30am Chair Exercise 11:00am October Trivia 2:00pm Jeopardy round 2 3:00pm Happy Hour/ Cake for Liz 4:00pm Room Visits	24 10:30am Chair Exercise 11:00am Pumpkin Bowling 2:00pm BINGO! 3:00pm Men's Club 4:00pm Room Visits
25 Happy Birthday Ted 105!!! 10:30am Sunday Chronicle 11:00am Coffee & Conversation 2:00pm Name that Tune 3:00pm Cake for Ted 3:30pm Pray The Rosary	26 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Monday Manicures 3:00pm Aroma Therapy 4:00pm Room Visits	27 10:30am Chair Exercise 11:00am Balloon Baseball 2:00pm BINGO! 3:00pm Bingo Store 4:00pm Room Visits	28 10:30am Chair Exercise 11:00am Word Within a Word 2:00pm Bible Study 3:00pm The nose knows 4:00pm Room Visits	29 10:30am Chair Exercise 11:00am Headbands 2:00pm Ice Cream 3:00pm Musical Hangman 4:00pm Room Visits	30 10:30am Chair Exercise 11:00am Hallway Sing-a-long 2:00pm Halloween Happy Hour! 3:00pm Halloween parade 4:00pm Room Visits	31 HAPPY HALLOWEEN! 10:30am Chair Exercise 11:00am Candy Corn Toss 2:00pm HALLOWEEN BINGO! 3:00pm Spooky Movies 4:00pm Room Visits