

# November 2020

## Pomeroy Living Sterling Assisted Living



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 <b>Daylight Savings time</b></p> <p>10:30am Daily Chronicle</p> <p>11:00am Coffee &amp; Conversation</p> <p>2:00pm Finish the Lyric</p> <p><b>3:00pm Pray the rosary</b></p> <p>4:00pm Room Visits</p>	<p>2</p> <p>10:30am Chair Exercise</p> <p>11:00am Crossword Puzzle</p> <p>2:00pm Monday Manicures</p> <p>3:00pm Aroma Therapy</p> <p>4:00pm Room Visits</p>	<p>3</p> <p>10:30am Chair Exercise</p> <p>11:00am Bean Bag Dice Game</p> <p>2:00pm BINGO!</p> <p>3:00pm Voting Day </p> <p>4:00pm Room Visits</p>	<p>4</p> <p>10:30am Chair Exercise</p> <p>11:00am Year of the Penny</p> <p><b>2:00pm Bible Study</b></p> <p>3:00pm Family Feud</p> <p>4:00pm Room Visits</p>	<p>5</p> <p>10:30am Chair Exercise</p> <p>11:00am Word Within a Word</p> <p>2:00pm Thursday at the Show</p> <p>4:00pm Room Visits</p>	<p>6</p> <p>10:30am Chair Exercise</p> <p>11:00am Balloon Baseball</p> <p>2:00pm Choir Practice</p> <p>3:00pm Happy Hour!</p> <p>4:00pm Room Visits</p>	<p>7</p> <p>10:30am Chair Exercise</p> <p>11:00am Bean Bag Toss</p> <p>2:00pm BINGO!</p> <p>3:00pm Upper AL Bingo!</p> <p>4:00pm Room Visits</p>
<p>8</p> <p>10:30am Sunday Chronicle</p> <p>11:00am Coffee &amp; Conversation</p> <p>2:00pm Name that Tune!</p> <p><b>3:00pm Pray the rosary</b></p> <p>4:00pm Room Visits</p>	<p>9</p> <p>10:30am Chair Exercise</p> <p>11:00am Crossword Puzzle</p> <p>2:00pm Monday Manicures</p> <p>3:00pm Aroma Therapy</p> <p>4:00pm Room Visits</p>	<p>10</p> <p>10:30am Chair Exercise</p> <p>11:00am Jeopardy Round 1</p> <p>2:00pm BINGO!</p> <p>3:00pm But first, brownies</p> <p>4:00pm Room Visits</p>	<p>11 <b>Veterans Day!</b></p> <p>10:30am Chair Exercise</p> <p>11:00am Veterans day Pinning</p> <p>2:00pm Patriotic Sing-a-long</p> <p>3:00pm Veterans social</p> <p>4:00pm Room Visits</p>	<p>12</p> <p>10:30am Chair Exercise</p> <p>11:00am Yahtzee</p> <p><b>2:00pm Arts &amp; Crafts– Bandana Pumpkins</b></p> <p>3:00pm Coffee &amp; Careers</p> <p>4:00pm Room Visits</p>	<p>13</p> <p>10:30am Chair Exercise</p> <p>11:00am Pictionary</p> <p>2:00pm Choir Practice</p> <p>3:00pm Happy Hour!</p> <p>4:00pm Room Visits</p>	<p>14</p> <p>10:30am Chair Exercise</p> <p>11:00am Pumpkin Races</p> <p>2:00pm BINGO!</p> <p>3:00pm Upper AL Bingo!</p> <p>4:00pm Room Visits</p>
<p>15</p> <p>10:30am Sunday Chronicle</p> <p>11:00am Coffee &amp; Conversation</p> <p><b>2:00pm Pray the Rosary</b></p> <p>3:00pm "I Love Lucy"</p> <p>4:00pm Room Visits</p>	<p>16</p> <p>10:30am Chair Exercise</p> <p>11:00am Crossword Puzzle</p> <p>2:00pm Monday Manicures</p> <p>3:00pm Aroma Therapy</p> <p>4:00pm Room Visits</p>	<p>17</p> <p>10:30am Chair Exercise</p> <p>11:00am The Thankful Pumpkin</p> <p>2:00pm BINGO!</p> <p>3:00pm November Trivia</p> <p>4:00pm Room Visits</p>	<p>18</p> <p>10:30am Chair Exercise</p> <p>11:00am What's in the bag?</p> <p><b>2:00pm Bible Study</b></p> <p><b>3:00pm Cooking Demo– Apple Pie Croissants</b></p> <p>4:00pm Room Visits</p>	<p>19</p> <p>10:30am Chair Exercise</p> <p>11:00am Word Within a Word</p> <p>2:00pm Turkey Trot</p> <p><b>3:00pm Arts &amp; Crafts– Scents of fall</b></p> <p>4:00pm Room Visits</p>	<p>20</p> <p>10:30am Chair Exercise</p> <p>11:00am Bean bag Toss</p> <p>2:00pm Choir Practice</p> <p>3:00pm Happy Hour!</p> <p>4:00pm Room Visits</p>	<p>21</p> <p>10:30am Chair Exercise</p> <p>11:00am Hangman</p> <p>2:00pm BINGO!</p> <p>3:00pm Upper AL Bingo!</p> <p>4:00pm Room Visits</p>
<p>22 <b>Happy Birthday Concetta!</b></p> <p>10:30am Sunday Chronicle</p> <p>11:00am Coffee &amp; Conversation</p> <p>2:00pm Name that Tune!</p> <p><b>3:00pm Pray the Rosary</b></p> <p>4:00pm Room Visits</p>	<p>23</p> <p>10:30am Chair Exercise</p> <p>11:00am Crossword Puzzle</p> <p>2:00pm Monday Manicures</p> <p>3:00pm Aroma Therapy</p> <p>4:00pm Room Visits</p>	<p>24</p> <p>10:30am Chair Exercise</p> <p>11:00am Deck the Halls!</p> <p>2:00pm BINGO!</p> <p>3:00pm Bingo Store</p> <p>4:00pm Room Visits</p>	<p>25</p> <p>10:30am Chair Exercise</p> <p>11:00am Jeopardy Round 2</p> <p><b>2:00pm Bible Study</b></p> <p><b>3:00pm Arts &amp; Crafts– Winter Craft</b></p> <p>4:00pm Room Visits</p>	<p>26 <b>Happy Thanksgiving!</b></p> <p>10:30am Chair Exercise</p> <p>11:00am Thanksgiving Fact or Fiction</p> <p>12:00pm Thanksgiving Dinner</p> <p>1:30pm Thanksgiving Premier</p>	<p>27</p> <p>10:30am Chair Exercise</p> <p>11:00am Scattegories</p> <p>2:00pm Choir Practice</p> <p>3:00pm Happy Hour!</p> <p>4:00pm Room Visits</p>	<p>28</p> <p>10:30am Chair Exercise</p> <p>11:00am Balloon Baseball</p> <p>2:00pm BINGO!</p> <p>3:30pm Upper AL BINGO!</p> <p>4:00pm Room Visits</p>
<p>29</p> <p>10:30am Sunday Chronicle</p> <p>11:00am Coffee &amp; Conversation</p> <p>2:00pm Funniest Home Videos</p> <p><b>3:00pm Pray the Rosary</b></p> <p>4:00pm Room Visits</p>	<p>30</p> <p>10:30am Chair Exercise</p> <p>11:00am Crossword Puzzle</p> <p>2:00pm Monday Manicures</p> <p>3:00pm Aroma Therapy</p> <p>4:00pm Room Visits</p>				<p>*ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE*</p>	