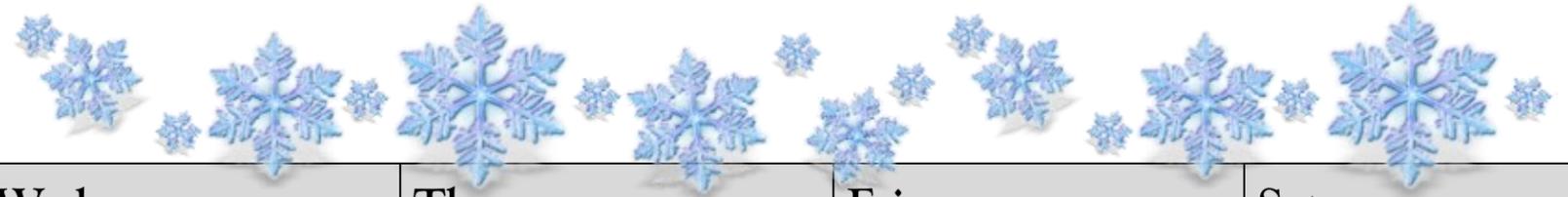


January 2021

Pomeroy Living Sterling Memory Care



Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE					1 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Bowling 2-4pm Table top games 3:00pm New Year Happy Hour	2 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Floor Yahtzee 2-4pm Table top games 3:00pm Life Skills
3 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Pray the Rosary 2-4pm Table top games 3:00pm Sunday Matinee	4 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Flower Arranging 2-4pm Table top games 3:00pm Pamper Hour	5 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Ring Toss 2-4pm Table top games 3:00pm Magazine Hunt	6 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Carols & Curls 2-4pm Table top games 3:00pm Ping Pong Champion	7 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Soccer 2-4pm Table top games 3:00pm Arts & Crafts– Sparkling	8 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Elvis Sing-a-long 2-4pm Table top games 3:00pm Coffee & Conversation	9 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Hang man 2-4pm Table top games 3:00pm Picture Bingo
10 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Pray the Rosary 2-4pm Table top games 3:00pm Sunday Matinee	11 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Snowball Toss 2-4pm Table top games 3:00pm Pamper Hour	12 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Scattegories 2-4pm Table top games 3:00pm Snow Dough	13 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Picture Trivia 2-4pm Table top games 3:00pm Winter Tree Painting	14 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Lacing 2-4pm Table top games 3:00pm Winter Wonderland Tea Party	15 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Bean Bag Toss 2-4pm Table top games 3:00pm Arts & Crafts– Snow Globes	16 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Balloon Baseball 2-4pm Table top games 3:00pm Fig Newton Day!
17 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Pray the Rosary 2-4pm Table top games 3:00pm Sunday Matinee	18 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Flower Arranging 2-4pm Table top games 3:00pm Pamper Hour	19 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Ice Fishing 2-4pm Table top games 3:00pm Comedy Hour	20 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Color Therapy 2-4pm Table top games 3:00pm Snack & Chat	21 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Facts of life 2-4pm Table top games 3:00pm Arts & Crafts– Snowman	22 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Po-Ke-no 2-4pm Table top games 3:00pm Snack & Chat	23 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Time for Pie 2-4pm Table top games 3:00pm Chicken Soup Reading
24 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Pray the Rosary 2-4pm Table top games 3:00pm Sunday Matinee	25 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Bean Bag Toss 2-4pm Table top games 3:00pm Pamper Hour	26 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Pictionary 2-4pm Table top games 3:00pm Song & Dance	27 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Merry Music Makers 2-4pm Table top games 3:00pm Cocoa Social	28 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Finish the rhyme 2-4pm Table top games 3:00pm Arts & Crafts– Sock Snowmen	29 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Name 5 2-4pm Table top games 3:00pm Ice Cream Social	30 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Weather Check 2-4pm Table top games 3:00pm Love Stories
31 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Pray the Rosary 2-4pm Table top games						