

FEBRUARY 2021

Pomeroy Living Sterling Assisted Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE	1 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Room Visits	2 Groundhog Day! 10:30am Chair Exercise 11:00am The Story of Punxsutawney Phil 2:00pm Bingo! 3:30pm Live Groundhog Cam 4:00pm Room Visits	3 10:30am Chair Exercise with OT Kim 11:00am Mini Golf 2:00pm Arts & Crafts– Valentines Cards 3:00pm What's in your..	4 Happy Birthday Betty H! 10:30am Chair Exercise 11:00am Name that tune 2:00pm Nature Club: Animal Tracks 3:00pm Activity Council Meet 4:00pm Room Visits	5 10:30am Chair Exercise 11:00am Word Scramble 2:00pm Candyland 3:00pm Tower of Love 4:00pm Room Visits	6 10:30am Chair Exercise 11:00am Word pairs 2:00pm Bingo! 3:30pm Snack and chat 4:00pm Room Visits
7 10:30am Chair Exercise 11:00am Coffee & Conversation 2:00pm Pray the Rosary 3:00pm Super Bowl Tailgate Party 4:00pm Room Visits	8 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Flower Arrangements 3:00pm Pamper Hour 4:00pm Room Visits	9 10:30am Chair Exercise 11:00am Balloon Baseball 2:00pm Bingo! 3:30pm Snack & Chat 4:00pm Room Visits	10 10:30am Chair Exercise with OT Kim 11:00am Balloon Baseball 2:00pm Arts & Crafts– Mardi Gras Masks 3:00pm Junk Drawer Detective 4:00pm Room Visits	11 10:30am Chair Exercise 11:00am Jeopardy Round 1 2:00pm Fishing for Compliments 3:00pm what am I? 4:00pm Room Visits	12 10:30am Chair Exercise 11:00am Word Within a Word 2:00pm Happy Hour 3:00pm Love Song Sing along 4:00pm Room Visits	13 10:30am Chair Exercise 11:00am Cupids arrow Toss 2:00pm Bingo! 3:30pm Saturday Matinee 4:00pm Room Visits
14 Happy Valentines Day! 10:30am Chair Exercise 11:00am Coffee & Conversation 2:00pm Valentines Party! 3:00pm Pray the Rosary 4:00pm Room Visits	15 President's Day 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Lincoln: A presidential Essay 3:00pm Pamper Hour 4:00pm Room Visits	16 Mardi Gras! 10:30am Chair Exercise 11:00am Resident Council Meeting 2:00pm Mardi Gras Party 3:00pm Bingo! 4:00pm Room Visits	17 10:30am Chair Exercise with OT Kim 11:00am Bean bag toss 2:00pm Shuffle Board 3:00pm Arts & Crafts– String Art 4:00pm Room Visits	18 Vaccine Clinic 10:30am Chair Exercise 11:00am Ladder Ball 2:00pm Brownies just because 3:00pm My 2 Cents 4:00pm Room Visits	19 10:30am Chair Exercise 11:00am Pac Man 2:00pm Popcorn Social 3:00pm February Feud 4:00pm Room Visits	20 10:30am Chair Exercise 11:00am Balloon Baseball 2:00pm Bingo! 3:30pm Saturday Matinee 4:00pm Room Visits
21 Chinese New Year! 10:30am Chair Exercise 11:00am Coffee & Conversation 2:00pm Travel to China 3:00pm Pray the Rosary 4:00pm Room Visits	22 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Flower Arrangements 3:00pm Pamper Hour 4:00pm Room Visits	23 10:30am Chair Exercise 11:00am Scattegories 2:00pm Bingo! 3:30pm Bingo Store 4:00pm Room Visits	24 Happy Birthday Karen E! 10:30am Chair Exercise with OT Kim 11:00am Word Within a Word 2:00pm Arts & Crafts– Shrinky Dinks 3:00pm Snowball Races 4:00pm Room Visits	25 10:30am Chair Exercise 11:00am Ring Toss 2:00pm Ring the Bell 3:00pm Movie Matinee 4:00pm Room Visits	26 10:30am Chair Exercise 11:00am Mini Golf 2:00pm Happy Hour 3:00pm Jeopardy Round 2 4:00pm Room Visits	27 10:30am Chair Exercise 11:00am Fact or Crap 2:00pm Bingo! 3:30pm How its made 4:00pm Room Visits
28 10:30am Chair Exercise 11:00am Coffee & Conversation 2:00pm The price is right 3:00pm Pray the Rosary 4:00pm Room Visits						