





FEBRUARY 2021

Pomeroy Living Sterling Memory Care



Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE	1	2 Groundhog Day! 10:00am Chair Exercise 10:30-12pm Table top games 11:00am The Story of Phil 2-4pm Table top games 3:00pm Pet Adoption	3 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Virtual therapy Dog Visit with Frodo 2-4pm Table top games 3:00pm Family Albums	4 10:00am Chair Exercise 11:00am Basket Ball 2-4pm Table top games 3:00pm Movie Matinee	5 10:00am Chair Exercise 11:00am Cupids arrow toss 2-4pm Table top games 3:00pm Cookie Demo	6 10:00am Chair Exercise 10:30-12pm Table top games 11:00am 101 useless facts 2:00pm Snack & Chat 3:00pm Arts & Crafts– String of Hearts
7 10:00am Chair Exercise 11:00am Things that start with.. 2-4pm Table top games 3:00pm Football Frenzy tailgate party	8 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Cornhole 2:00pm Pamper Hour 3:00pm Aroma Therapy / Hand Massages	9 10:00am Chair Exercise 11:00am Newsday Tuesday 2-4pm Table top games 3:00pm Life Skills 4:00pm Sorting Station	10 10:00am Chair Exercise 11:00am Floor Hockey 2:00pm Po-ke-no 3:00pm Popcorn Social 4:00pm Card Making	11 10:00am Chair Exercise 11:00am Horse Shoes 2-4pm Table top games 3:00pm Arts & Crafts– Mardi Gras Masks	12 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Fishing for Compliments 2:00pm Happy Hour 3:00pm Candy Heart Count	13 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Scattegories 2-4pm Table top games 3:00pm Lyrics & Lemonade
14 Happy Valentines Day! 10:00am Chair Exercise 11:00am Ring Toss 2-4pm Table top games 3:00pm Valentines Party! 	15 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Snowball Toss 2:00pm Pamper Hour 3:00pm Aroma Therapy / Hand Massages 	16 Mardi Gras! 10:00am Chair Exercise 11:00am Bowling 2-4pm Table top games 3:00pm Mardi Gras Party! 4:00pm Nursery Rhyme Time 	17 10:00am Chair Exercise 11:00am Sing– a-Long 2-4pm Table top games 3:00pm Movie Matinee 4:00pm Reminisce	18 10:00am Chair Exercise 10:30-12pm Table top games 2:00pm Magazine Hunt 3:00pm Arts & Crafts– Decorated Placemats	19 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Name that Tune 2-4pm Table top games 3:00pm Candy Land	20 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Bean Bag Toss 2-4pm Table top games 3:00pm Chicken Soup Reading
21 Chinese New Year! 10:00am Chair Exercise 11:00am What Am I? 2-4pm Table top games 3:00pm Travel to China 	22 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Ring Toss 2:00pm Pamper Hour 3:00pm Aroma Therapy / Hand Massages	23 10:00am Chair Exercise 11:00am Merry Music Makers 2-4pm Table top games 3:00pm Flower arranging 4:00pm Hydration Station	24 10:00am Chair Exercise 11:00am Bean Bag Toss 2-4pm Table top games 3:00pm Animal Bingo! 4:00pm Soccer	25 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Fishing Frenzy 2-4pm Symphony Orchestra Concert 3:00pm Arts & Crafts– Color Cube Painting	26 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Pac Man 2:00pm Happy Hour 3:00pm Po-Ke-No	27 10:00am Chair Exercise 10:30-12pm Table top games 11:00am Ladder Ball 2-4pm Table top games 3:00pm Coupon Clipping
28 Happy Birthday Mary! 10:00am Chair Exercise 11:00am Morning Matinee 2:00pm Tea Time 3:00pm Fashionista	