








May 2021

Pomeroy Living Sterling Assisted Living



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	*ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE*					1 10:30am Chair Exercise 11:00am Bocce ball 2:00pm BINGO! 3:00pm Horse Races 4:00pm Room Visits
2 10:30am Current Events 11:00am Coffee & Conversation 2:00pm Pray the Rosary 3:00pm Hymn sing along 4:00pm Room Visits	3 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Room Visits	4 10:30am Chair Exercise 11:00am These Hands 2:00pm BINGO! 3:00pm Musical Memories 4:00pm Walking Club	5 Cinco de Mayo!  10:30am Chair Exercise 11:00am What's My Line? 2:00pm Cinco de Mayo Party! 3:00pm Google Earth Happy Birthday Cecilia & Jennie!	6 Nurse Appreciation Day!  10:30am Chair Exercise 11:00am M is for May 2:00pm Outing: Trip A 3:00pm Outing: Trip B 4:00pm Walking Club	7 10:30am Chair Exercise 11:00am Pictionary 2:00pm Table Tennis 3:00pm Singing Group 4:00pm Room Visits	8 10:30am Chair Exercise 11:00am Soccer 2:00pm BINGO! 3:00pm Saturday Matinee 4:00pm Room Visits
9 Happy Mother's Day!  10:30am Current Events 11:00am Coffee & Conversation 2:00pm Muffins With Moms 3:00pm Pray the Rosary 4:00pm Room Visits	10 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Room Visits	11 10:30am Chair Exercise 11:00am Basketball 2:00pm BINGO! 3:00pm What's that Sound? 4:00pm Walking Club	12 10:30am Chair Exercise 11:00am Word within a Word 2:00pm Hungry Hippos 3:00pm Hand Massages 4:00pm Room Visits	13 10:30am Chair Exercise 11:00am Resident Council Meeting 2:00pm Arts & Crafts: Headbands 3:00pm Survey Says....! 4:00pm Walking Club	14 10:30am Chair Exercise 11:00am Conversation Wheel 2:00pm Happy Hour 3:00pm Jeopardy Round 1 4:00pm Room Visits	15 Armed Forces Day!  10:30am Chair Exercise 11:00am Target Practice 2:00pm BINGO! 3:00pm Take me back too.. 4:00pm Room Visits
16 10:30am Current Events 11:00am Coffee & Conversation 2:00pm Pray the Rosary 3:00pm Ball Toss 4:00pm Room Visits	17 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Room Visits	18 10:30am Chair Exercise 11:00am Headbands 2:00pm BINGO! 3:00pm Snack & Chat 4:00pm Walking Club	19 10:30am Chair Exercise 11:00am Word Scramble 2:00pm Arts & Crafts: Tissue Paper Flowers 3:00pm Shuffle Board 4:00pm Room Visits	20 10:30am Chair Exercise 11:00am 7up card game 2:00pm Nature Club: What to grow 3:00pm Freshly Baked 4:00pm Walking Club	21 10:30am Chair Exercise 11:00am May Trivia 2:00pm Cupcake Decorating 3:00pm Singing Group 4:00pm Room Visits	22 10:30am Chair Exercise 11:00am Ribbon Dancing 2:00pm BINGO! 3:00pm Saturday Matinee 4:00pm Room Visits
23 10:30am Current Events 11:00am Coffee & Conversation 2:00pm Pray the Rosary 3:00pm Arts & Crafts: Silhouette Painting 4:00pm Room Visits	24 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Room Visits	25 10:30am Chair Exercise 11:00am On the day you were born 2:00pm BINGO! 3:00pm Bingo store 4:00pm Walking Club	26 10:30am Chair Exercise 11:00am Bowling 2:00pm Jeopardy Round 2 3:00pm Never have I ever 4:00pm Room Visits	27 10:30am Chair Exercise 11:00am Scattategories 1:30pm Movie Matinee 2:00pm Outing: Trip A 3:30pm Outing: Trip B	28 10:30am Chair Exercise  11:00am Balloon Basebal. 2:00pm Happy Hour 3:00pm Arts & Crafts: Popping Poppies 4:00pm Room Visits	29 10:30am Chair Exercise 11:00am Flying Saucers 2:00pm BINGO! 3:00pm 4:00pm Room Visits
30 10:30am Current Events 11:00am Coffee & Conversation 2:00pm Pray the Rosary 3:00pm hymn sing along 4:00pm Room Visits	31 Happy Memorial Day!  10:30am Chair Exercise 11:00am Patriotic Sing- a-long 2:00pm Ice Cream Social 3:00pm Giggles in the Garden 4:00pm Room Visits					