






May 2021

Pomeroy Living Sterling Memory Care



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	*All Activities are subject to change*					1 10:30am Morning Stretch 11:00am Football 2:00pm What's that sounds 3:00pm Table stations 4:00pm Kick ball
2 10:30am Morning Stretch 11:00am Current Events 2:00pm Soccer 3:00pm Pray the Rosary 4:00pm Chat pack central	3 10:30am Morning Stretch 11:00am Ring Toss 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Puzzles	4 10:30am Morning Stretch 11:00am Basketball 2:00pm Arts & Crafts: Cinco de Mayo Guitars 3:00pm Snack & Chat 4:00pm Walking Club 	5 Cinco de Mayo!  10:30am Morning Stretch 11:00am Name 5 2:00pm Cinco de Mayo Party! 3:00pm Po-ke-no 4:00pm I spy	6 Nurse appreciation day! 10:30am Morning Stretch 11:00am Pictionary 2:00pm Magazine Hunt 3:00pm Sorting Stations 4:00pm Walking Club 	7 Happy Birthday Eileen! 10:30am Morning Stretch 11:00am M is for May 2:00pm Motherly Advice 3:00pm Cinema Premiere 4:00pm Musical memories	8 10:30am Morning Stretch 11:00am Hang man 2:00pm Sticky ball 3:00pm Life skills 4:00pm Color me Happy
9 Happy Mother's Day! 10:30am Morning Stretch 11:00am Current Events 2:00pm Muffins with Moms  3:00pm Pray the Rosary 4:00pm Old wives tales	10 10:30am Fishing Trip Exercise 11:00am Picture Trivia 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Hydration Station	11 10:30am Morning Stretch 11:00am Shuffle Board 2:00pm Outing: Scenic Drive 3:00pm Watercolors 4:00pm Walking Club	12 10:30am Morning Stretch 11:00am Conversation Wheel 2:00pm 7up Card Game 3:00pm Laundry day/ clothes line 4:00pm Color me Happy	13 10:30am Morning Stretch 11:00am What's in the Bag? 2:00pm Arts & Crafts: Headbands 3:00pm Hand Massages 4:00pm Walking Club	14 10:30am Morning Stretch 11:00am Parachute Palooza 2:00pm Cinema Premiere 3:00pm Table top games 4:00pm All that Jazz	15 Armed Forces Day!  10:30am Morning Stretch 11:00am Yes I have 2:00pm Target Practice 3:00pm Hand Massages 4:00pm Old time radio show
16 10:30am Morning Stretch 11:00am Current Events 2:00pm knock knock? 3:00pm Pray the Rosary 4:00pm Kick Ball	17 10:30am Morning Stretch 11:00am Bowling 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Tender loving Care	18 10:30am Morning Stretch 11:00am Ribbon Dancing 2:00pm Arts & Crafts: Spring Sponge Art 3:00pm Snack & Chat	19 10:30am Morning Stretch 11:00am Nursery Rhyme Time 2:00pm Cut & Collage 3:00pm Music and Molding 4:00pm Short Stories	20 10:30am Morning Stretch 11:00am Cup stacking 2:00pm Outing: Scenic Drive 3:00pm Nature Club: Seedlings 4:00pm Walking Club	21 10:30am Morning Stretch 11:00am Center Circle 2:00pm Cinema Premiere 3:00pm Tabletop games 4:00pm Puzzles	22 10:30am Morning Stretch 11:00am Music & Movement 2:00pm Matching games 3:00pm Ping pong tournament 4:00pm All that Jazz
23 10:30am Morning Stretch 11:00am Name That Tune! 2:00pm Bean bag twister 3:00pm Pray the Rosary 4:00pm Ball Toss	24 10:30am Morning Stretch 11:00am Ladder Ball 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Sing-a-long	25 10:30am Morning Stretch 11:00am Fishing Frenzy 2:00pm Tactile Tables 3:00pm Snack & Chat 4:00pm Walking Club	26 10:30am Morning Stretch 11:00am All about dogs 2:00pm Sorting Stations 3:00pm Peanut butter sandwich 4:00pm Classical correlations	27 10:30am Morning Stretch  11:00am Coffee & Careers 2:00pm Arts & Crafts: Popping Poppies 3:00pm Life skills 4:00pm Walking Club	28 10:30am Morning Stretch 11:00am Noodle croquet 2:00pm Cinema Premiere 3:00pm Tabletop games 4:00pm Nature Sounds	29 10:30am Morning Stretch 11:00am Mini Golf 2:00pm Bowling 3:00pm Short Stories 4:00pm Musical Memories
30 10:30am Morning Stretch 11:00am Current Events 2:00pm Pictionary 3:00pm Pray the Rosary 4:00pm Puzzles	31 Happy Memorial Day!  10:30am Morning Stretch 11:00am Patriotic Sing-a-long 2:00pm Giggles in the Garden 3:00pm Ice Cream Social 4:00pm Conversation Corner					