



JULY 2021

Pomeroy Living Sterling Assisted Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE*				1 10:30am Chair Exercise 11:00am Word Within a Word 2:00pm Wheel Chair Decorating 3:00pm Snack & Chat 4:00pm Walking Club	2 10:30am Chair Exercise 11:00am Bean Bag Twister 2:00pm 4th of July Happy Hour! 3:00pm Lawn Games 4:00pm Puzzles	3 10:30am Chair Exercise 11:00am Ring Toss 2:00pm BINGO! 3:00pm Saturday Matinee 4:00pm Reminisce
4 <b>Happy 4th of July!</b> 10:30am Sunday Chronicles 11:00am Coffee & Conversation 2:00pm Sing-a-long 3:00pm Popsicles in the courtyard 4:00pm Mandela Art	5 <b>Happy Birthday John H.!</b> 10:30am Chair Exercise 11:00am Crossword Puzzle <b>2:00pm Independence day party featuring Marie Kravets</b> 3:00pm Pamper Hour 4:00pm Room Visits	6 10:30am Chair Exercise 11:00am Dart Trivia 2:00pm BINGO! 3:00pm Lemonade in the Courtyard 4:00pm Walking Club	7 10:30am Chair Exercise 11:00am Therapy Dog Frodo Visits 11:30am Fact or Crap 2:00pm Jeopardy Round 1 3:00pm Snow Cones! 4:00pm Garden Club	8 10:30am Chair Exercise 11:00am Resident Council Meeting 2:00pm Hand Massages 3:00pm BONUS BINGO! 4:00pm Walking Club	9 <b>Happy Birthday Caroline R.</b> 10:30am Chair Exercise 11:00am Bean Bag Toss <b>2:00pm Arts &amp; Crafts: Freedom Flowers</b> 3:00pm Scrabble 4:00pm Meet me in the courtyard	10 10:30am Chair Exercise 11:00am Who sang it? 2:00pm BINGO! 3:00pm Bubbles in the Gazebo 4:00pm Card club
11 10:30am Sunday Chronicles 11:00am Coffee & Conversation 2:00pm Fiddlers in the lobby! 3:00pm Pray the Rosary 4:00pm Girl Talk	12 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Room Visits	13 10:30am Chair Exercise 11:00am Table Yahtzee 2:00pm BINGO! 3:00pm Pinocle Club 4:00pm Walking Club	14 10:30am Chair Exercise 11:00am Therapy Dog Frodo Visits <b>11:00am Outing: Bell Isle</b> 2:00pm What's my line? 3:00pm Cinema Premier 4:00pm Garden Club	15 10:30am Chair Exercise <b>11:15am Entertainment Featuring Bobby G</b> 2:00pm Watermelon Social  3:00pm Survey says...! 4:00pm Walking Club	16 10:30am Chair Exercise 11:00am News & Views <b>2:00pm Resident Birthday Party Featuring Dan Beaubien</b> 3:00pm Happy Hour! 4:00pm Mandela Art	17 10:30am Chair Exercise 11:00am Bowling 2:00pm BINGO! 3:00pm Saturday Matinee 4:00pm Weather Check
18 <b>Happy Birthday Joyce M. &amp; Evelyn!</b> 10:30am Sunday Chronicles 11:00am Coffee & Conversation 2:00pm Fishing in the Courtyard 3:00pm Pray the Rosary 4:00pm Junk drawer detective	19 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Room Visits	20 10:30am Chair Exercise 11:00am Finish the Lyric 2:00pm BINGO! 3:00pm Root beer Floats 4:00pm Walking Club	21 10:30am Chair Exercise 11:00am Therapy Dog Frodo Visits 11:30pm Who wants to be a millionaire? 2:00pm Friendship Group 3:00pm Popcorn Social 4:00pm Garden Club	22 10:30am Chair Exercise 11:00am July Trivia 2:00pm BONUS BINGO! 3:00pm <b>Arts &amp; Crafts: Scrabble coasters</b> 4:00pm Walking Club	23 10:30am Chair Exercise 11:00am Summer Olympics Game 1– Mini Golf 2:00pm Backyard Barbecue 3:00pm Summer Carnival Day 4:00pm Word Search	24 10:30am Chair Exercise 11:00am Balloon Volleyball 2:00pm BINGO! 3:00pm Jokes For Folks 4:00pm Easy listening by the piano
25 10:30am Sunday Chronicles 11:00am Coffee & Conversation 2:00pm Upper AL Po.Ke,No 3:30pm Pray the Rosary 4:00pm Musical Memories	26 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Aroma Therapy 4:00pm Room Visits	27 <b>Happy Birthday Mary P.!</b> 10:30am Chair Exercise 11:00am You be the Judge 2:00pm BINGO! 3:00pm Bingo Store 4:00pm Walking Club	28 10:30am Chair Exercise 11:00am Therapy dog Frodo Visits 11:30am Take me back too.. 2:00pm Ice Cream Social 3:00pm Tic-Tac Toss 4:00pm Garden Club	29 10:30am Chair Exercise 11:00am Bean Bag Toss <b>2:00pm Outing: Ice Cream</b> 3:00pm Hand Massages 4:00pm Walking Club	30 10:30am Chair Exercise 11:00am Summer Olympics Game 2– Javelin Toss 2:00pm Happy Hour! 3:00pm Jeopardy round 2 4:00pm Crochet & Knitting	31 10:30am Chair Exercise 11:00am Soccer 2:00pm BINGO! 3:00pm Saturday Matinee 4:00pm Wacky Wordies