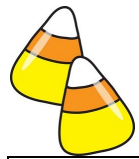


OCTOBER 2021



Pomeroy Living Sterling Assisted



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		*ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE*			<b>1 Flu Vaccine Clinic</b> 10:30am Chair Exercise 11:00am Bean bag toss 2:00pm Penny Ante 3:00pm Fall Scentsations 4:00pm Color Creations	2 10:30am Chair Exercise 11:00am Headbands 2:00pm Choir meeting 3:00pm BINGO! 4:00pm Brain games
3 10:30am Sunday Chronicle 11:00am Coffee & Conversation <b>2:00pm Sunday Entertainment with Vanessa Carr</b> <b>3:30pm Pray the Rosary</b> 4:00pm Spot it!	4 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Essential oils & hand massages 4:00pm Room Visits	5 10:30am Chair Exercise 11:00am Word Within a Word <b>2:00pm Goodlife Christian Church Service</b> 3:00pm BINGO! 4:00pm Walking Club	6 10:30am Chair Exercise 11:00am Mini Golf 2:00pm Halloween Feud <b>3:00pm Cooking Group: Spider Web pretzels</b> 4:00pm Word Puzzles	7 10:30am Chair Exercise 11:00am Name 10 <b>2:00pm Outing: Cider Mill</b> 3:00pm Junk Drawer Detective 4:00pm Walking Club	8 10:30am Chair Exercise 11:00am Finish the Lyric 2:00pm Boo berry Ice Cream <b>3:00pm Arts &amp; Crafts: Awareness Pins</b> 4:00pm Board Games	9 10:30am Chair Exercise 11:00am Pictionary 2:00pm Choir Practice 3:00pm BINGO! 4:00pm All that Jazz!
10 <b>Happy Birthday Judy G!</b> 10:30am Sunday Chronicle 11:00am Coffee & Conversation 2:00pm Jewelry making <b>3:30pm Pray the Rosary</b> 4:00pm Musical Memories	11 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Essential oils & hand massages 4:00pm Room Visits	12 10:30am Chair Exercise 11:00am Volleyball 2:00pm Knitting/ Crochet Club 3:00pm BINGO! 4:00pm Walking Club	13 <b>Breast Cancer Awareness Day</b> 10:30am Pink Ribbon Tea <b>11:15am Movin' &amp; Groovin' With Kathleen</b> <b>2:00pm Outing: Fall leaf tour</b> 3:00pm Dominoes 4:00pm The Golden Oldies	14 10:30am Chair Exercise 11:00am Resident Council Meeting 2:00pm Jeopardy Round 1 3:00pm Happy Hour! 4:00pm Walking Club	15 10:30am Chair Exercise 11:00am I Love Lucy Trivia 2:00pm Pomeroy Pumpkin Patch! 3:00pm Pumpkin painting 4:00pm Community Puzzle	16 10:30am Chair Exercise 11:00am Ring Toss 2:00pm Popcorn Social 3:00pm BINGO! 4:00pm Chicken Soup Reading
17 <b>Happy Sweetest Day!</b> 10:30am Dating Advise 11:00am Coffee & Conversation 2:00pm Hot Chocolate bar <b>3:00pm Pray the Rosary</b> 4:00pm Creative writing	18 10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Essential oils & hand massages 4:00pm Room Visits	19 10:30am Chair Exercise 11:00am Ghost Bowling <b>2:00pm Goodlife Christian Church Service</b> 3:00pm BINGO! 4:00pm Walking Club	20 <b>Happy Birthday Ken!</b> <b>10:00am Outing: Parade Co. Tour</b> 11:00am Activity room scrabble 2:00pm Hocus Pocus 3:00pm Pinocle 4:00pm Tic- Tac- Toe	21 10:30am Chair Exercise <b>11:00am Sing along with Bobby G</b> <b>2:00pm October resident birthday party featuring Dan Beaubien</b> 3:00pm How it's made 4:00pm Walking Club	22 10:30am Chair Exercise 11:00am Tic- Tac- Toss <b>2:00pm Cooking Group: Cake pops</b> 3:00pm Apple Cider Social 4:00pm Conversation Corner	23 10:30am Chair Exercise 11:00am Fireside Stories 2:00pm Choir Practice 3:00pm BINGO! 4:00pm I Spy
24 10:30am Sunday Chronicle 11:00am Coffee & Conversation 2:00pm Shuffle Board <b>3:00pm Pray the Rosary</b> 4:00pm Essential oils & hand massages	25 <b>Happy Birthday Ted!</b> 10:30am Chair Exercise 11:00am Crossword Puzzle <b>2:00pm Happy 106th Birthday Ted!</b> 3:00pm Pamper Hour 4:00pm Room Visits	26 10:30am Chair Exercise 11:00am Bean bag toss 2:00pm Bingo Store 3:00pm BINGO! 4:00pm Walking Club	27 10:30am Chair Exercise 11:00am Floor Hockey <b>2:00pm Arts &amp; Crafts: Wrapped Pumpkins</b> 3:00pm Famous Haunted Places 4:00pm Piano tunes	28 10:30am Chair Exercise 11:00am Minute to win it, Mummy Wrap 2:00pm Happy Hour 3:00pm Jeopardy Round 2 4:00pm Walking Club	29 10:30am Chair Exercise 11:00am Word Within a Word 2:00pm Halloween Party! 3:30pm Roll a Scarecrow 4:00pm What's in the box!? 	30 <b>Happy Birthday Flo!</b> 10:30am Chair Exercise 11:00am Volleyball 2:00pm Choir Practice 3:00pm BINGO! 4:00pm Singing With Sandra
31 <b>Happy Halloween!</b> 10:30am Candy corn guessing game 11:00am Coffee & Conversation 2:00pm Name that Tune! <b>3:00pm Pray the Rosary</b> 4:00pm Spooky stories						