

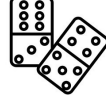








May 2022

Pomeroy Living Sterling Assisted Living



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>10:30am May day Chronicle 11:00am Coffee & Careers 2:00pm Friends, Family & Photos (Bring your albums) 3:00pm Name that Tune! 4:00pm Word Seekers</p>	<p>2</p> <p>10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Essential oils & hand massages 4:00pm Room Visits</p>	<p>3</p> <p>10:30am Chair Exercise 11:00am Word Within a Word 2:00pm Arts & Crafts: Flower Pots 3:00pm Spa Day 4:00pm Walking Club</p>	<p>4</p> <p>10:30am Catholic Communion 11:15am Movin' & Groovin' With Kathleen 2:00pm BINGO! 3:00pm Wii Wheel of Fortune 4:00pm Junk Drawer Detective</p>	<p>5 Happy Birthday Cecilia</p> <p>10:30am Dancercise: Cultural Moves 11:00am Bowling 2:00pm The History of Cinco de Mayo 3:00pm Cinco De Mayo Celebration 4:00pm Walking Club</p> <p>Cinco De Mayo </p>	<p>6</p> <p>10:30am Chair Exercise 11:00am Balloon Baseball 2:00pm Happy Hour 3:00pm Chorus Club 4:00pm Card Club</p>	<p>7 Happy Birthday Rose H.</p> <p>10:30am TheraBand Exercise 11:00am Horse Racing 2:00pm BINGO! 3:00pm Tea & Cookies 4:00pm Tigers Vs. Astros in the Bistro</p>
<p>8 Happy Mother's Day !</p> <p>10:30am Sunday Chronical 11:00am Coffee & Conversation 2:00pm Mother's Day Tea 3:00pm Music with Gar Richard  4:00pm Music by the Piano</p>	<p>9</p> <p>10:30am Chair Exercise 11:00am Resident Council Meeting 2:00pm Pamper Hour 3:00pm Essential oils & hand massages 4:00pm Room Visits</p>	<p>10</p> <p>10:30am Chair Exercise 11:00am 20 Questions 2:00pm Goodlife Christian Church 3:00pm Dominoes  4:00pm Walking Club</p>	<p>11</p> <p>10:30am Catholic Communion 11:00am Chair Exercise 11:30am Finish the phrase 2:00pm BINGO! 3:00pm How its made : Honey 4:00pm Chat Pack Central</p>	<p>12</p> <p>10:30am Chair Exercise 11:00am Volleyball 12:00pm Outing: Olive Garden 2:00pm Afternoon Movie 3:00pm Scrabble  4:00pm Walking Club</p>	<p>13</p> <p>10:30am Chair Exercise 11:00am EZ does it trivia 2:30pm Performance by The Golden Choraliers 3:30pm Jeopardy Round 1 4:00pm Summer suggestions</p>	<p>14</p> <p>10:30am TheraBand Exercise 11:00am Bean Bag Toss 2:00pm BINGO! 3:00pm Revolving letters 4:00pm Tigers Vs. Orioles in the Bistro</p>
<p>15</p> <p>10:30am Sunday Chronical 11:00am Coffee & Conversation 2:00pm Family Feud 3:00pm Paper Quilting 4:00pm Weather Check</p>	<p>16</p> <p>10:30am Performance by the Royal Oak Musicale 2:00pm Pamper Hour 3:00pm Essential oils & hand massages 4:00pm Room Visits</p>	<p>17</p> <p>10:30am Chair Exercise 11:00am Take me back too.. 2:00pm Arts & Crafts: Flower fixation 3:00pm Dominoes  4:00pm Walking Club</p>	<p>18</p> <p>10:30am Catholic Communion 11:00am Chair Exercise 11:30am Target Practice 2:00pm BINGO! 3:00pm Garden Club Meeting 4:00pm Scrabble</p>	<p>19</p> <p>10:30am Chair Exercise 11:00am Flavored Water Tasting 12:00pm Lunch Club– White Castle 2:00pm Afternoon Movie 3:00pm Checkers 4:00pm Walking Club</p>	<p>20</p> <p>10:30am Chair Exercise 11:00am Memory Match 2:00pm Men's Club 3:00pm Happy Hour  4:00pm Trivia</p>	<p>21</p> <p>10:30am TheraBand Exercise 11:00am Military Moments 2:00pm BINGO! 3:00pm Float Social 4:00pm Mariners Vs. The Red sox in the Bistro</p>
<p>22</p> <p>10:30am Sunday Chronical 11:00am Coffee & Conversation 2:00pm Jewelry Making  3:00pm Connect 4 4:00pm Musical Memories</p>	<p>23</p> <p>10:30am Chair Exercise 11:00am Crossword Puzzle 2:00pm Pamper Hour 3:00pm Essential oils & hand massages 4:00pm Room Visits</p>	<p>24</p> <p>10:30am Chair Exercise 11:00am First to 100 Dice Game 2:00pm Goodlife Christian Church 3:00pm May resident birthday party featuring Jeff Cavataio  4:00pm Walking Club</p>	<p>25</p> <p>10:30am Catholic Communion 11:00am Chair Exercise 11:30am Scattogories 2:00pm BINGO! 3:00pm Bingo Store 4:00pm Word Seekers</p>	<p>26</p> <p>10:30am Chair Exercise 11:00am The Logo Game 2:00pm Outing: Barnes & Noble 3:00pm Thursday Matinee 4:00pm Walking Club </p>	<p>27</p> <p>10:30am Chair Exercise 11:00am Bowling 2:00pm Happy Hour 3:00pm Jeopardy Round 2 4:00pm Community Puzzle</p>	<p>28</p> <p>10:30am TheraBand Exercise 11:00am Kickball 2:00pm BINGO! 3:00pm Name that Tune! 4:00pm Tigers Vs. Guardians in the Bistro</p>
<p>29</p> <p>10:30am Sunday Chronical 11:00am Coffee & Conversation 2:00pm Sunday Movie 3:00pm Card Sharks 4:00pm Weather Check</p>	<p>30 Memorial Day</p> <p>10:30am Chair Exercise 11:00am Patriotic Sing along 2:00pm Ice Cream Social 3:00pm Pamper Hour 4:00pm Essential oils & hand massages</p>	<p>31</p> <p>10:30am Chair Exercise 11:00am Bean bag Toss 2:00pm Ancestry 3:00pm Dominoes 4:00pm Walking Club</p>	<p>*All Activities are subject to change*</p>	