











May 2022

Pomeroy Living Sterling Memory Care



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>10:30am Morning Stretch 10:30am Coffee & Conversation 2:00pm Coupon Clipping 3:00pm Name that tune! 4:00pm Bananagrams</p> 	<p>2</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light Program 11:00am Bean bag toss 11:30am Instrumental Motivation 2:00-4:00pm Beacon of light 3:00pm Pamper Hour 4:00pm Hand Massages</p>	<p>3</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 11:00am Picture Trivia 11:30am Volleyball 2:00-4pm Beacon of Light 3:00pm Water Color Painting 4:00pm Cinco De Mayo Banner</p>	<p>4</p> <p>10:00am-12pm Beacon of Light 10:30am Catholic Communion 11:15am Movin' & Groovin' With Kathleen 2:00-4pm Beacon of Light 2:00pm Outing: Spring Flower Tour 3:00pm Magazine Hunt 4:00pm Old time radio show</p>	<p>5 Cinco de Mayo!</p> <p>10:00am Morning Stretch 10:30am Tic-Tac- Toss 11:00am Conversation Twister 2:00-4pm Beacon of Light 3:00pm Cinco de mayo celebration 4:00pm Hand Massages</p> 	<p>6</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 10:30am Kickball 11:00am Parachute Palooza 2:00-4pm Beacon of Light 3:00pm The Grocery Game 4:00pm Baker's Batch</p>	<p>7</p> <p>10:00am Morning Stretch 10:30am Name 10 11:00am Pictionary 2:00pm Horse Racing 3:00pm First to 100 Dice Game 4:00pm Ball Toss</p>
<p>8 Happy Mother's Day!</p> <p>10:30am Morning Stretch 10:30am Coffee & Conversation 2:00pm Mother's Day Tea 3:00pm Music with Gary Richard 4:00pm Reminisce</p>	<p>9</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 11:00am Ribbon Dancing 11:30am Picture Trivia 2:00-4:00pm Beacon of light 3:00pm Pamper Hour 4:00pm Hand Massages</p> 	<p>10</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 11:00am Mini Golf 2:00pm Goodlife Christian Church 3:00pm Garden Club 4:00pm Music in the sunroom</p>	<p>11</p> <p>10:00am-12pm Beacon of Light 10:30am Catholic Communion 11:00am Chair Exercise 11:30am Finish the Phrase 2:00-4pm Beacon of Light 3:00pm Painting with Pastels 4:00pm Brain Teasers</p>	<p>12</p> <p>10:00am-12pm Beacon of Light 10:00am Morning Stretch 10:30am Did you know? 11:00am Hangman 2:00-4pm Beacon of Light 3:00pm Arts & Crafts: Flower Pots 4:00pm Soda Social</p> 	<p>13</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 10:30am Mother's Touch 11:00am Ball Drumming 2:30pm Performance by The Golden Choraliars 3:00pm Popping popcorn</p>	<p>14</p> <p>10:00am Morning Stretch 10:30am Balloon Baseball 11:00am Soccer 2:00pm Jewelry Making 3:00pm Magnificent Magnets 4:00pm Puzzles</p> 
<p>15</p> <p>10:30am Morning Stretch 10:30am Coffee & Conversation 2:00pm Ring Toss 3:00pm First to 100 Dice Game 4:00pm Yarn Club: Pom poms</p> 	<p>16</p> <p>10:00am Morning Stretch 10:00-12pm Beacon of Light 10:30am Performance by the Royal Oak Musicale 2:00-4:00pm Beacon of Light 3:00pm Pamper Hour 4:00pm Hand Massages</p> 	<p>17</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 11:00am Bean bag twister 2:00pm Outing: Sterling Heights Nature Center 2:00-4:00pm Beacon of Light 4:00pm Color Creations</p>	<p>18</p> <p>10:30am Catholic Communion 11:00am Chair Exercise 11:30am Target Practice 2:00-4pm Beacon of Light 3:00pm Paper Quilting 4:00pm Iced Tea Social</p> 	<p>19</p> <p>10:00am Second Cup of Coffee 10:00am-12pm Beacon of Light 10:30am Photo's With Friends 11:00am Ball Toss 2:00-4pm Beacon of Light 3:00pm Arts & Crafts: Bird Feeders 4:00pm Song & Dance</p>	<p>20</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 10:30am Spelling Bee 11:00am Volleyball 2:00-4pm Beacon of Light 3:00pm Bakers Batch 4:00pm Funniest Videos</p>	<p>21</p> <p>10:00am Morning Stretch 10:30am Bean bag toss 11:00am Song & Dance 2:00pm Military moments 3:00pm Float Social 4:00pm Puzzles</p>
<p>22</p> <p>10:30am Morning Stretch 10:30am Coffee & Conversation 2:00pm Sunday Matinee 3:00pm Balloon Toss 4:00pm Sunday Funnies</p> 	<p>23</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 11:00am Kickball 2:00- 4:00pm Beacon of Light 3:00pm Pamper Hour 4:00pm Hand Massages</p>	<p>24</p> <p>10:00am-12pm Beacon of Light 10:30am Morning Stretch 11:00am Take me back too.. 2:00-4pm Beacon of Light 2:00pm Goodlife Christian Church 3:00pm May resident birthday party featuring Jeff Cavataio</p>	<p>25</p> <p>10:30am Catholic Communion 11:00am Chair Exercise 11:30am Scattegories 2:00-4pm Beacon of Light 3:00pm Family Feud in the Cinema 4:00pm Balloon Toss</p>	<p>26</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 10:30am Shuffle Board 11:00am Song & Dance 2:00-4pm Beacon of Light 3:00pm Putt - Putt 4:00pm Comedy Hour</p>	<p>27</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 10:30am Noodle Croquet 11:00am Toss & Talk 2:00-4pm Beacon of Light 3:00pm Baker's Batch 4:00pm Tea Time</p>	<p>28</p> <p>10:00am Morning Stretch 10:30am Floor Hockey 11:00am Conversation Catch 2:00pm Spring Painting 3:00pm Name that tune! 4:00pm Soccer Toss</p> 
<p>29</p> <p>10:30am Morning Stretch 10:30am Coffee & Conversation 2:00pm Volleyball 3:00pm Beading/Lacing 4:00pm Music Appreciation</p>	<p>30 Memorial Day</p> <p>10:00am Morning Stretch 10:00am-12pm Beacon of Light 11:00am Patriotic Sing along 2:00-4:00pm Beacon of Light 3:00pm Ice Cream Social 4:00pm Pamper Hour</p>	<p>31</p> <p>10:00am-12pm Beacon of Light 10:30am Morning Stretch 11:00am Bowling 11:30am Things that Start with.. 2:00-4pm Beacon of Light 3:00pm Marble Art</p>	<p>*All activities are subject to change*</p>		